

Sisu of Georgia, Inc.

Policy for Sleep Safe

Child's Name _____ Date of Birth _____

Parent's Name [Please Print] _____ [Receiving copy of these policies]

Sleep Safe Regulations and Center Policies:

1. Infant is placed on their back to sleep unless center has been provided a letter by a physician authorizing another sleep position for that particular infant that includes how the infant should be placed and a time frame for the specified instructions. When an infant can roll front to back, initial placement will be on back, however, if infant repositions self, the staff does not reposition to back.
2. No items are to be placed in or on the crib with an infant, including but not limited to toys, pillows, quilts, comforters, bumper pads, sheepskins, stuffed toys or other soft items.
3. The center shall not attach or allow any objects to be attached to a crib with a sleeping infant, including but not limited to crib gyms, toys, mirrors or mobiles.
4. Appropriate sleep clothing is to be provided by parents or guardian. Sleepers, sleep sacks and wearable blankets that fit according to the commercial manufacturer's guidelines, and that will not slide up around infant's face, may be used.
5. Swaddling shall not be used unless a written physician's statement can be provided including instructions and timeframe for swaddling.
6. Individual crib, cot or mat and bedding is provided and the changing and cleaning practices for these items are that they are marked for individual use and laundered and sanitized weekly, or more frequently if needed and when there is a change of occupant. Light covers are allowed for cots or mats only, and are marked for individual use or laundered daily.
7. Infants who fall asleep in other equipment or on the floor or elsewhere will be moved to a crib.
8. No positioning devices or wedges can be used.
9. Cribs shall be in compliance with the Consumer Product Safety Commission [CPSC] and American Society of Testing and Materials [ASTM].
10. Crib construction shall be in good repair and free of hazards.
11. If cots or mats cannot be stored in a manner where they are not touching other cots or mats, bedding shall be kept separate [bins, cubbies, bags] marked for individual use or laundered daily.

I have reviewed and received a copy of the center's sleep safe policies and procedures as required by O.C.G.A, 20-1A-1. I understand that I am required to provide appropriate sleep clothing for my infant and a specific physician note if my child needs care that may be in conflict to the above regulations that specifies instructions and timeframe for alternative care.

Signature _____ Date _____

[This document represents the center's policy & parent's acknowledgement/notification of the policy.]